



Start Strong Pathways

➤ *Please join our **FREE 8-week program** that can help you support your child to thrive and grow. The program is for families with children aged 0 - 5, focusing on 0 -3 years.*

DATE:

EVERY FRIDAY

from 14th February to 3rd April

TIME:

10 - 12pm

PLACE:

CASS Gumnut Early Learning Centre
44 - 48 Sixth Ave, Campsie

We can provide:

- A Nepalese interpreter
- Childminding
- Morning Tea

Program is run in partnership with CASS.

Friday 14th February

Talk with a child and family nurse about practical tips for supporting your child's social development and emotional wellbeing.

Friday 21st February

Talk with a Tresillian Nurse about understanding your child's feelings and behaviours to help build stronger family relationships.

Friday 28th February

Explore how music can help build family connections with our music therapist.

Friday 7th March

Explore ways to promote confidence, self-esteem, social skills and general wellbeing in children from our occupational therapist.

Friday 13th March

Discuss children's speech development, language and communication skills with our speech therapist.

Friday 20th March

Talk about the benefits of attending preschool or childcare before going to school. Find out if you can get financial help to support your child from the Centrelink representative.

Friday 27th March

Talk to a preschool or childcare worker about how they can support your child and visit a preschool or long day care centre.

Friday 3rd April

Explore the challenges of balancing screen time with other activities. Get your free resource pack.

MORE INFO & RESERVATIONS

Call us **02 8321 9600**

Email us **enquiries@koorana.org.au**

 @koorana
 **koorana.org.au**

